

March 2011 Calendar of Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		<ul style="list-style-type: none"> ■ Job Survival: the first 90 days, pt 2 ■ CCAPS Meeting ■ Health Info: Med Interaction 	<ul style="list-style-type: none"> ■ Job Club with Carol ■ Health Info: Emergency Contact Packets ■ Kids in the Kitchen 	<ul style="list-style-type: none"> ■ Play & Learn Group ■ Tracy Kidder: Lecture Series ■ Guys Teen Group ■ Tai Chi 	<ul style="list-style-type: none"> ■ Bookmobile 	
6	7	8	9	10	11	12
	<ul style="list-style-type: none"> ■ Teen Night 	<ul style="list-style-type: none"> ■ Health Info: Substance Abuse 	<ul style="list-style-type: none"> ■ Job Fair ■ Health Info: Mental Agility 	<ul style="list-style-type: none"> ■ Play & Learn Group ■ Guys Teen Group ■ Tai Chi 		
13	14	15	16	17	18	19
	<ul style="list-style-type: none"> ■ Teen Night ■ Adult Games 	<ul style="list-style-type: none"> ■ CCAPS Meeting ■ Managing Change 	<ul style="list-style-type: none"> ■ Job Club with Carol ■ Kids in the Kitchen ■ Go Dog Go! 	<ul style="list-style-type: none"> ■ Play & Learn Group ■ Guys Teen Group ■ Tai Chi ■ Staying Sharp 	<ul style="list-style-type: none"> ■ Bookmobile 	
20	21	22	23	24	25	26
	<ul style="list-style-type: none"> ■ Teen Night 		<ul style="list-style-type: none"> ■ Job Club with Carol ■ Kids in the Kitchen ■ Youth Swim 	<ul style="list-style-type: none"> ■ Play & Learn Group ■ Guys Teen Group ■ RSCC Youth program opens Early 	<ul style="list-style-type: none"> ■ Teen Field Trip 	<ul style="list-style-type: none"> ■ SCORE Business Funding Workshop
27	28	29	30	31		
	<ul style="list-style-type: none"> ■ Family Soup & Story 	<ul style="list-style-type: none"> ■ Making Change Possible 	<ul style="list-style-type: none"> ■ Job Club with Carol ■ Kids in the Kitchen 	<ul style="list-style-type: none"> ■ Play & Learn Group ■ Guys Teen Group 	All items subject to change	

March 2011 Event Descriptions

March 1 – Job Survival: the first 90 days, pt 2: With so many job seekers, employers can be picky. Topics include office politics, managing your perception, & communication. Presented by Tiffany Williams from Clark College at TPC. Call 737-2950 from 12:00-5:00 PM to sign up.

Health Info: Medication Interaction: Nursing students from the University of Portland will be presenting a class on Medication Interaction. At Columbia House from 1:00–2:00 PM.

March 1 and 15 – CCAPS (Community Center Adult Program Sponsors): Meets the 1st & 3rd Tuesdays of the month at 10:00 AM at RSCC. Call Sharon at 992-0205 for more info.

March 2, 16, 23 and 30 – Job Club with Carol: Each meeting includes job leads & job search tips. Speakers & industry reps may attend to provide useful information & opportunities. 10:00 AM at RSCC. Call Carol at 992-0228 for info or to RSVP. Childcare may be available if you call ahead.

Kids in the Kitchen: Elementary kids join Elaine Schick from WSU Extension and learn to prepare yummy, easy meals. At RSCC from 4:00-5:30 PM.

March 2 – Health Info: Emergency Contact Packets: Presented by nursing students from the University of Portland. At Columbia House, 1:00–2:00 PM.

March 3 – Tracy Kidder: Lecture Series: Tracy Kidder, author of *Strength in What Remains*. At the Schnitzer Concert Hall in Portland, 7:30–9:30 PM. Call Becky at 992-0209 to reserve tickets. No transportation available.

March 3, 10, 17, 24 and 31 – Play and Learn Group: Free play group for parents & caregivers with children ages 0 – 5. Includes snacks, crafts & activities. Get info about healthy child development & resources. 10:00–12:00 PM at the RSCC. Call Sharon at 992-0205 for info.

Teen Guys' group: Guys 13-18 get together at RSCC for games, activities, food, & occasional outings! Questions? Call Drew at 992-9222.

March 3, 10 and 17 – Tai Chi: *Must have attended in February.* From 7:30 -9:00 PM at Marshall Elementary. Transportation may be available - all 737-2950 from 12:00-5:00 PM for info.

March 4 and 18 – Bookmobile: Check out or return Vancouver Library books at RSCC 2:00-4:00 PM.

March 7, 14 and 21 – Teen Night: Teens 13-18 get together at the RSCC from 6:00-8:00 PM around games & food.

March 8 – Health Info: Substance Abuse: Presented by nursing students from the University of Portland. At Columbia House from 1:00–2:00 PM.

March 9 – Job Fair: Walsh Construction will do a 15 minute presentation. Goodwill and WorkSource will do an intro to services. NW College of construction will be onsite. At RSCC from 9:30-11:00 AM.

Health Info: Mental Agility: Presented by nursing students from the University of Portland At Columbia House from 1:00–2:00 PM.

March 14 – Adult Games: Adults, come to play your favorite games at RSCC from 10:00-12:00 PM. Board game, cards, Wii, and

fun with friends! Questions? Call Sharon at 992-0205. No childcare provided.

March 15 – Managing Change: Discusses change & the causes of problems during transition. How do we make change work for us? Brunch at 9:00 AM, class at 9:30-12:30 PM. At RSCC. Call 737-2950 from 12:00-5:00 PM to sign up. Childcare provided if requested one week in advance.

March 16 – Go Dog Go! (youth play): At NW Children's Theater from 7:00-9:00 PM. This rollicking free-for-all is a musical world of doggy fun with crooning canines that can dance and drive! 30 tickets available. Transportation available for 13 youth. Call Becky at 992-0209.

March 17 – Staying Sharp: DVD and discussion. What to expect from the aging brain and how to STAY SHARP. At the RSCC from 1:30-2:30 PM. Drop-in. Call Erin at 992-0229 with questions.

March 23 – Youth Swim: Kids swim at the Jim Parsley Center. Call Becky at 992-0209 for more info, permission slips. Transportation provided, but you must sign up in advance!

March 24 – Community Center Opens Early: RSCC will open at 1:00 PM with games, art, & activities for kids who have early release because of Parent/ Teacher conferences.

March 25 – Teen Field Trip TBA: RSCC will have a special field trip for teens that don't have school because of Parent/ Teacher conferences. Call a week in advance to find out where we're going & get permission slips.

March 26 – SCORE Workshop: New Business Funding Sources: Covers accounting & bookkeeping, building banking relations, sources of capital, what lenders look for on loan applications & "the six C's of Credit". Prior QuickSTART attendance not required. Check-in at 8:45 AM. Workshop from 9:00-12:00 PM. At the VHA. Questions? Call Bridgette at 993-9556 or to register.

March 28 – Family Soup & Story: This month we celebrate Chinese New Year- it's the year of the Rabbit! Food, stories & activities for the whole family at RSCC. Call Becky @ 992-0209 for more info.

March 29 – Making Change Possible: Talk about ways to plan, & organize to make progress on goals. Brunch at 9:00 AM, class from 9:30-12:30 PM. At the RSCC. Call 737-2950 from 12:00-5:00 PM to sign up. Childcare provided if requested at least a week in advance.

Meeting Location Key:

RSCC: RISE & STARS Community Center, 500 Omaha Way

VHA: Vancouver Housing Authority, 2500 Main Street, Vancouver, WA 98660 – First Floor

Marshall Elementary: 6400 MacArthur Boulevard, Vancouver
Clark College at TPC: Town Plaza Center, 5411 E. Mill Plain Blvd. Vancouver, WA. (Same campus as DSHS.)

Columbia House: 130 W 24th Street, Vancouver, WA - 9th floor
Schnitzer: Arlene Schnitzer Concert Hall, SW Broadway at Main, Portland, OR

NW Children's Theater: 1819 NW Everett St, Portland, 97209

Jim Parsley Center: 2901 Falk Road Vancouver, WA 98661