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Monday	Tuesday	Wednesday	Thursday	Friday
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		SYMBOL KEY:  Community Involvement Activity  GOALS Activity	 Play & Learn Group   Recipe for Success	<ul style="list-style-type: none"> Community Involvement info session – <i>Skyline Crest</i>
5	6	7	8	9
<i>Labor Day – VHA Offices Closed</i>	  Walk Toward Success	<i>First Day of School for Vancouver School District</i>	 Play & Learn Group   Recipe for Success	<ul style="list-style-type: none"> Community Involvement info session – <i>Fruit Valley</i>
12	13	14	15	16
 Community Center Game Day for Adults	  Walk Toward Success	 Asst. Property Mgr Training Orientation	 Play & Learn Group   Recipe for Success	<ul style="list-style-type: none"> Community Involvement info session – <i>Skyline Crest</i>
19	20	21	22	23
 Scrapbook group  Childcare Resource & Referral Agency	  Walk Toward Success  CCAPS Meeting		 Play & Learn Group  Temp Agency Job Fair   Recipe for Success	<ul style="list-style-type: none"> Community Involvement info session – <i>Fruit Valley</i> Adult Trip
26	27	28	29	30
	  Walk Toward Success		 Play & Learn Group	

September 2011 Event Descriptions

LOCATION KEY:

VHA Main Offices: 2500 Main Street,
Vancouver

RSCC: RISE & STARS Community Center,
500 Omaha Way, Vancouver

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Tuesdays in September –

✂👉 Walk Toward Success: Wear comfortable clothes and bring your water bottle! We will meet at the new Vancouver Community Library to walk for about 1 hour. We will provide a map of the walk, personal pedometer, and water for your bottle. RSVP with Karin at 993-5301 ext. 110. 901 C Street. 8:00 AM–9:10 AM. *This group satisfies the GOALS Health & Wellness elective.*

Thursdays in September –

👉 Play and Learn: For parents or caregivers and their children ages 0 – 5. Help your child get ready to learn to read; come to this free and fun playgroup. Snacks, crafts and activities are included. Information about healthy child development and resources also provided. Drop-in 10:00 AM–12:00 PM. Call Sharon at 992-0205 for more information. At the RSCC.

September 1 –

✂👉 Recipe for Success 1: In this cooking class for adults and mature teens, we'll plan menus, share some smart grocery shopping secrets, and decode tricky food labels. We'll be sampling food (not a full meal.) Call 992-0229 to sign up for all four sessions; let us know if you have any dietary restrictions like allergies. Limit 15 participants. Childcare provided. 6:30–7:30 PM at the RSCC. *This group satisfies the GOALS Nutrition 101 elective.*

September 2, 16 –

Community Involvement and Employment Program Info: If you want to talk to Bridgette about jobs or doing your Community Involvement hours she will be at the RSCC from 1:00 PM–3:00 PM.

September 8 –

✂👉 Recipe for Success 2: In this session we'll continue where we left off, looking at how recipes can be changed for better health. 6:30–7:30 PM at the RSCC. *This class satisfies the GOALS Nutrition 101 elective.*

September 9, 23 –

Community Involvement and Employment Program Info: If you want to talk to Bridgette about jobs or doing your Community Involvement hours, she will be at Fruit Valley Commons from 9:30 AM – 11:00 AM.

September 12 –

👉 Community Center Game Day for Adults:

Board games, cards or our Wii, there will be fun and friends! Questions? Call Sharon at 992-0205. Adults only; no childcare provided. 10:00 AM–12:00 PM at the RSCC.

September 14 –

👉 Assistant Property Manager Training Orientation: Come learn about this opportunity to begin your new career as an Assistant Property Manager. Bring your résumé to this session introducing the VHA's Assistant Property Manager training program. This is a part-time, six-month unpaid internship program. Call 993-9556 to RSVP with Bridgette. 1:45–3:00 PM at VHA Main offices.

September 15 –

✂👉 Recipe for Success 3: In this session we'll continue where we left off, participants will bring their favorite recipes from home, and we'll talk about how we can make more healthful meals. 6:30–7:30 PM at the RSCC. *This class satisfies the GOALS Nutrition 101 elective.*

September 19 –

👉 Scrapbook Group: Seasoned scrapbookers will gather with novices to create their very own scrapbook masterpieces. You are encouraged to bring any supplies you have; some supplies will be provided. *Donations of scrapbooking materials greatly appreciated.* Call Sharon at 992-0205 for more information. 10:00 AM–12:00 PM at the RSCC.

👉 Child Care Resource and Referral Agency:

Having trouble finding childcare? Want to become a childcare worker? Learn about your options in Clark County at this meeting with guest speakers from the Childcare Resource and Referral Agency. 1:10 PM at VHA Main offices. RSVP soon, seats are limited and sure to fill fast. Call Bridgette at 993-9556.

September 20 –

👉 CCAPS Meeting: (Community Center Adult Program Sponsors) Meets the 1st & 3rd Tuesdays of the month at 10:00 AM. Call Sharon at 992-0205 for more information. At the RSCC.

September 22 –

👉 Temporary (“Temp”) Agency Job Fair: In addition to a paycheck, many temp agencies provide benefits to their workers. Some even offer full benefits packages including paid holidays, medical and dental coverage, life insurance and a 401K plan. Bring your résumé to this job fair. 1:00–2:30 PM at VHA Main offices. Call Bridgette at 993-9556.

✂👉 Recipe for Success 4: In this session we'll continue where we left off, exploring healthier choices when we're eating out or away from home. 6:30–7:30 PM at the RSCC. *This class satisfies the GOALS Nutrition 101 elective.*